

MARYLAND THERAPEUTIC RIDING NAMED USEF PARA-DRESSAGE CENTER OF EXCELLENCE CROWNSVILLE, MARYLAND

We are proud to announce that MTR is now one of only eight Centers of Excellence in the U.S. offering educational and training opportunities for para-dressage.

The Center of Excellence initiative provides athletes with disabilities the opportunity to discover competitive para-dressage at both the national and eventually the CPEDI (International) levels.

As a Center of Excellence, we want to bring the joy of horse sports to as many people as possible following USEF's mission to provide access to and increase participation in equestrian sports at all levels by ensuring fairness, safety and enjoyment.

"Becoming a COE allows our participants to set and achieve higher goals. Athletes get to compete alongside their fellow able-bodied athletes, often times performing the very same movements on their horses. Few competitive sports allow for such cohesiveness in the competition ring." Nicole Hauseman Equine and Event Coordinator at MTR

For more information, visit HorsesThatHeal.org.

CLIMBING ADVENTURES AT CATHEDRAL AND WHITEHORSE LEDGES MT. WASHINGTON VALLEY, NEW HAMPSHIRE

Mt. Washington Valley Adaptive Sports partners with International Mountain Climbing School to provide access to world-renowned climbing destinations in New Hampshire's Mt. Washington Valley, such as Cathedral and Whitehorse Ledges. The wide variety of crags offers a plethora of fun and rewarding experiences for everyone. Whether you are an advanced climber, a curious first-timer, or somewhere in between, the right climbing adventure is waiting for you. Throughout summer and fall 2023, athletes living with spinal cord injury can climb with a full scholarship provided by the Craig H. Neilson Foundation Grant and Move United.

To join a scheduled climbing event or make a private booking, contact Laura Scrimshaw at lscrimshaw@mwwas.org or 603-374-2688.

